



THE MARBELLA AT PELICAN BAY  
THE COVE



## THE NUCLEUS OF THE HEALTH CARE SYSTEM AT THE MARBELLA IS THE COVE.

- The Cove provides health services for the owners of The Marbella at Pelican Bay.
- The Cove is an elegant assisted living facility with an Extended Congregate Care License (ECC) AL 9477. It allows us to provide a wide range of nursing services that a standard assisted living facility cannot.

### **The Facility Includes:**

- 14 assisted living suites, dining areas, a physical therapy room, a physicians' office with examining room, home health services, and a cheery climate-controlled atrium with an adjacent fresh-air terrace.
- The ability to furnish your suite with your personal items.

### **Experience an Excellent Range of Care, Including:**

- Medically qualified staff.
- Medical care as prescribed by your doctor.
- The personal touch because we know you.



### Marbella Owners Have Many Ways to Use The Cove Facilities:

- Own a Tower condominium and participate fully in Marbella activities, but live in The Cove all or part of the day.
- Live in one of the 14 assisted living suites in The Cove temporarily for one night or extended periods.
- If you are a Marbella resident, you may spend the night in The Cove and enjoy the activities of The Marbella. You may dine, attend social events, and generally do all of the things you feel like doing.
- Post rehab convalescence.
- Participate in your plan of care. You may continue to manage all your own healthcare decisions while at The Cove.
- A spouse can live in The Cove while the other spouse lives conveniently close by in the Tower.
- The Cove is an extension of the home for loved ones with special health needs. Caregivers have peace of mind, knowing that as owners, they have an active voice in the quality of care and are just steps away.



### What You Can Expect When You Use The Cove Facilities:

- To be welcomed by a group of friendly and caring individuals—Registered Nurses, Licensed Practical Nurses, and Certified Nursing Assistants. You will meet people who have been trained in hospitality standards in the same manner as The Marbella staff.
- A much lower resident-to-nurse ratio than in most facilities, ensuring personalized attention.
- To be treated with respect and dignity.
- To enjoy social gatherings.
- To be informed of services available.



### **We Provide Assistance with Some or All of the Activities of Daily Living:**

- Bathing
- Toileting
- Grooming
- Dressing
- Transferring (from chair to bed, etc.)
- Ambulation
- Eating
- Diet

The Cove provides more of a homelike environment but allows you to get the help you need for daily activities. Your doctors can visit and care for you anytime without any restriction.

### **Marbella Tower Residents:**

The Cove staff helps answer questions regarding assisted living facility care, home health, hospice care, information on private trainers, and assisting with contacts and phone numbers to set up care in the resident's home.



## OUR PROFESSIONAL STAFF

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### **Jackie Gonzalez, *The Cove Administrator*, 239.593.2325**

Jackie graduated from Florida SouthWestern State College with an Associate's in nursing. Her nursing experience includes time spent in Med-Surg, Surgical ICU, Trauma ICU, Medical ICU, Neuro ICU, and home care; she specializes in geriatrics. Jackie manages the day-to-day operations of The Cove Assisted Living Facility and has since September 2002. She oversees a staff of 17 healthcare professionals. A Florida Assisted Living Association member, Jackie attends continuing education seminars on senior care and ALF management. She works closely with Dr. Obayedur Khan, The Cove Medical Director.

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### **Dr. Obayedur Khan, *The Cove Medical Director*, 239.784.8913**

Obayedur Khan, MD, FACP, a double board-certified geriatrician and internist, has been practicing in Naples since February 2005. After graduating from medical school, he practiced in New York and Iowa. Dr. Khan received the Hartford Foundation award for his geriatrics research and taught medical students, PA students, and residents. He works with the NCH Physician Group in their Geriatrics Department and has full privileges at Naples Community Hospital. Dr. Khan is a Fellow of the American College of Physicians (FACP) and a Certified Medical Director (CMD) from the American Board of Post-Acute and Long-Term Care Medicine. As an established patient of his concierge practice, you may schedule appointments to see him at The Cove's office every other week.

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### **Dr. Elana Buttigheri Cibula, *Podiatrist*, 239.261.6672**

Dr. Elana Buttigheri Cibula has served The Marbella since 2001. She grew up in New Jersey and attended Drew University in Madison, NJ, and podiatry school in Chicago at Dr. William Scholl College of Podiatric Medicine, following in the footsteps of her grandfather, father, and brother. Dr. Cibula completed a one-year podiatric surgical residency at St. Anthony's Medical Center in Milwaukee. Afterward, she returned to New Jersey and practiced with her father and brother. She was board-certified in podiatric surgery in 1993 and became a Fellow of the American College of Foot and Ankle Surgery. In 1999, Dr. Cibula moved to Naples, worked for another doctor, and opened her practice here in March 2001. She has maintained a solo practice for over 20 years and provides conservative foot and ankle care.



## THE COVE ADDS A HEALTH CARE FEATURE TO OUR REIMAGINED RETIREMENT LIVING.

**Mark David Maran**  
*REALTOR®, Broker*

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provides real estate services for The Marbella.*

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private showing.**

# The *Marbella*

at Pelican Bay

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